Virtual Mentoring Toolkit

- Use apps such as Facetime (for iPhone users), Zoom, Skype, Whatsapp, or Messenger Kids to message and video chat your Little.
- Much in the way you would schedule time and plan an activity, you can still plan match "outings" through video chat! Having a certain time and activity to look forward to can really brighten your and your Little's day! It is even better if you can pick recurring time and day, giving you both some stability.
- Ask questions! How is your Little feeling? What is their new schedule like? What do they do for fun while at home? How can you help support them? What is the best time/day to plan your "outings?"
- Try asking your Little some out-of-the-ordinary questions. <u>Here</u> and <u>here</u> are some for younger kids and <u>here</u> and <u>here</u> are some for teens.

Still stumped on activity ideas for your online outing? Here is a myriad:

- Have a virtual book club. You can both borrow a book from the library through <u>Overdrive</u> or Overdrive's app <u>Libby</u>. You can also get free kids books from <u>Oxford Owl</u>. Decide how much you will read by your next outing then have a discussion. Here are some <u>book ideas from NPR</u> and some <u>discussion questions</u>.
- Watch a movie together! Use a platform like <u>Netflix Party</u>, or video chat while watching a movie from <u>Kanopy</u> or <u>Hoopla</u>.
- Listen to a virtual concert! Here is a list of upcoming concerts from NPR.
- Use <u>Google Docs</u> to write a collaborative poem or story. You write two lines and your Little writes two lines, and so on.
- Pick a recipe and both cook it while you video chat.
- Visit a museum virtually. Talk about what you see that you like and do not like. Visit <u>the Louvre</u>, <u>Tate Modern</u>, <u>the Guggenheim</u>, or <u>a ton others</u> or <u>even more</u>.
- Play a game! Download the <u>Houseparty</u>, play <u>Battleship</u>, <u>Words</u>
 <u>with Friends</u>, <u>card games</u>, or search for other games!

- Take a lesson together.
- **Sporcle** is the ultimate trivia site!
- Write a letter to your Little. Individualize it with extras like a bag
 of tea or some stickers. Send an addressed, stamped envelope for
 them to mail you back.
- Take a walk while on video chat, if it is okay with your Little's parents.
- Watch a **Ted Talk** together then discuss.
- Have dinner or tea together over video chat.
- Bring your art projects to the video chat and talk while you work on them.
- Have a karaoke outing using **Twitch**.
- Explore the virtual **SLO Rec Center**!
- Recreate art works <u>a la these fun folks</u>, and exchange your pictures! Share them with BBBS SLO as well.
- Do a workout together like <u>ballet</u>, <u>Planet Fitness workouts</u>, <u>yoga</u>, or <u>zumba</u>.
- Talk on video chat or on the phone while you clean or declutter something. Fun and productive!
- Make a Tik tok dance with your Little.
- $\bullet \;\;$ Help your Little with their homework.
- Play <u>Mad Libs</u>.
- Take a <u>virtual historical walking tour</u> of San Luis Obispo.